



TRIDENT LEADS

Newsletter 4
21st February 2020
Term 1, Week 4

Kia ora koutou,

I am constantly amazed by what a hive of industry Trident is throughout the day. At twenty past six on Thursday morning a trail of students braved the dark and chilly morning to make their way to the auditorium for the first Basketball training session of the term. I was lucky enough to be there to hear Matua Mike's pep talk in which he outlined the commitment required to be part of the sport at the school. He linked behaviour in school and academic progress in class to performance and opportunity on the court – it was great to see this holistic approach with our students, and also to see so many dedicated whanau making this happen for our students before the school day even begins. At lunchtime in the library Whaea Poihaere was running weaving classes whilst on nearby tables Mr Williamson's chess club was up and running. Soccer, volleyball and hockey have also started with training and fitness sessions and to top it off Sam McLeod comes in on a Thursday afternoon to teach Dance for the production students! There is always so much happening in school and it is because our teachers are dedicated to giving our students these opportunities.

Next week we celebrate our students' NCEA and Scholarship successes in 2019. This is always a special assembly at which we acknowledge the effort and diligence required to gain Excellence in NCEA and Scholarship. This level of success seldom comes simply from natural talent but rather it is the result of a work ethic which embraces the challenges of study. It requires commitment, effort and resilience – the ability to keep trying and struggling when you face work which is difficult or complex and apparently just beyond your grasp. Developing perseverance is one of the most useful life skills a young adult can have and if we as whanau and educators can help our students to gain this, we are doing them a great service.

These are some ways in which we can help our students to become more persistent in their studies –

1. **Encourage positive self-talk.** Students need to believe that they can achieve with effort, so we need to shift their thinking from "I'm not good at this" to "I'm not good at this YET – but I will be."

2. **Praise effort, not intelligence.** It doesn't help a young adult to try hard if we praise natural ability, instead we need to focus on the effort that went into a task. If our praise is really focused – "Ka pai - you broke down that task into manageable chunks which is why you did so well" – students will pick up where their success comes from and also understand that their persistence was key.
3. **Failures and mistakes are part of growth.** We need students to know that failure is a natural part of the learning process which builds both intelligence and stamina. It's okay to fail, and as adults we need to be matter of fact about it with our students. Fear of failure can lead students to choose not to try when what we want for them is the ability to struggle through adversity or challenge.
4. **Students need to struggle.** We can be tempted to jump in and help when we see a student struggling, but it is the struggle which will build self-confidence, independence and perseverance. Watch your young adult and encourage them but don't intervene too early, only when you can see the struggle is becoming unproductive.

When we guide our students through these stages and see them succeed, the pleasure is all the greater for them knowing that they own their achievements.

Next week is a busy week at Trident and we look forward to welcoming you at school for the Parent/ Whanau Meet and Greet Evening on Tuesday, our full school Athletics Day on Thursday and the Korero café in the library on Thursday afternoon. Come along and share in your young adults' school life!



Nga mihi,

Adrienne Scott-Jones
Acting Principal

HOUSE GROUPS



QUALITY WORK – RESPECT FOR OTHERS

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IMPORTANT DATES

Tuesday 25th February	Meet and Greet—see times below
Thursday 27th February	Athletics Day
Thursday 27th February	Korero Café Library 2.45pm—4.00pm
Wednesday 4th—Friday 6th March	Year 9/13 Beach Days
Thursday 12th March	Swimming Sports
Thursday 19th March	2020 Blood Drive
Thursday 26th March	Cross Country

MEET AND GREET PARENT TEACHER EVENING TUESDAY 25TH FEBRUARY

All students and parents/whanau are invited to a Parent Teacher Evening on Tuesday 25th February, to meet their teachers and have the opportunity to ask questions.

- 5.30pm **Year 9 TAM** and **new TAM** students to T5.
- 6.00pm **All Year 9** students to their Form Class for a 30 minute presentation.
- 6.30pm **All Year 9** and **Year 10** students and parents/whanau to the Auditorium.
- Year 11** students and parents/whanau to the Drama Room.
- Year 12** students and parents/whanau to the Library.
- Year 13** students and parents/whanau to H Block.

PAYMENTS

Payments can be paid by direct credit/internet banking to ASB Whakatane to account number:

12-3253-0004257-00.

Please quote student name or ID number.

MIND OVER MANNER

Whakatane Free Public Workshop—18th March 2020.
Realising the Potential of Differently Wired Minds.

Date: Wednesday 18th March 2020

Times: 4pm—6pm Workshop 1: The Under Responder
7pm—9pm Workshop 2: The Sensory Seeker

Venue: Whakatane Intermediate School, Auditorium,
101 James St

FREE—no charge to participants. Sponsored by Eastbay REAP in partnership with Oranga Tamariki and Whakatane Rotary. Reservations essential! To book email admin@eastbayreap.org.nz or phone 0800 4327327

ENGLISH POETRY

Year 12 Ben White was tasked to write a Shakespearean sonnet for Valentine's day in his English class, we know you will enjoy his clever piece, well done Ben!

The Shakespearean sonnet is a 14 lined poem with three heroic quatrains and a rhyming couplet. A strict rhyme scheme is adhered to. Here Ben chooses to dedicate his to Britain following the country's departure from the European Union.

Brexit-An EU-Logy

*Shall I compare thee to a Pyrrhic win?
Thou hath cost England more than just her pride.
The rich wolf hid in the common sheep's skin,
The day our love for the Union died.
All who recall Britain's former glory,
Know of the dire need for foreign trade.
The work undone by a bumbling Tory,
Now Europe will never provide us aid.
All those who voted to leave or remain,
Must together face an EU-less fate.
Rule Britannia now a tired refrain,
Of a nation destroyed by greed and hate.
Corbyn fought back but his love, Labour, lost
Now England's to pay the ultimate cost.*

EQUESTRIAN

On Wednesday 19th February, the Trident Equestrian Team had their first show for the year hosted by Sport Bay of Plenty and The Opotiki Pony Club. We had a record 8 students entered in the Inter-school Show Cross Derby (pictured left to right Ella McKenzie, Molly Byford, Rosa McCleary, Talia Good, Kyra Seymour, Hannah Lawn, Ruby Harper and Milly Wilshier) with schools from Gisborne through to Te Puke all in attendance. As a school we got some great results bringing home lots of placings and ribbons. Congratulations to all our riders!



ATHLETICS DAY—THURSDAY 27TH FEBRUARY

ATT: ALL STUDENTS - ATHLETICS DAY IS NEARLY HERE!

Our annual, whole school Athletics Day is coming round fast. This is an extremely special day on the school calendar as it gives students, staff and our community a chance to come together to witness the very special spirit and school culture TEAM TRIDENT has.

Last year was rained off so we are more determined than ever to make 2020 ATHLETICS DAY our best yet !!

To help us do this we ask all our student community to respect our SEVEN GOLDEN RULES so that the event can be as special as we know it will be.

Please see below SEVEN GOLDEN RULES for Athletics Day on Thursday 27th Feb 2020 :-

1. All students to arrive to school in Uniform and get changed into your House Colours after Form Time
****REMEMBER NO PAINT IS ALLOWED - IT IS HORRIBLE TO CLEAN UP FOR OUR HARD WORKING CLEANERS - RESPECT FOR OTHERS****
2. No gang reference clothing such as bandana's etc, . If you bring them YOU WILL LOSE THEM. This is a TRIDENT DAY, lets make it great for all of us.
3. Do not bring valuables to Athletics Day.
4. Bring a small bag to keep with you which has sun block, a hat, a drink and some lunch. The School Canteen will be CLOSED on ATHLETICS DAY but refreshments will be sold on the day by TRIDENT HIGH SCHOOL BOYS FOOTBALL UK TOUR SQUAD. (See below)
5. If you are not competing you must STAY IN YOUR HOUSE ZONES in the Tents at the side of track. Only competing field event students are allowed in centre of the track.
6. Your Form Class Room will be locked at 8:50am on Thursday and will not re-open until the end of the day. Make sure you have everything you need at the start of the day as you will not be allowed back in.
7. Have an awesome time, show quality work, respect for others and Kia Manawa Nui and remember to FILL YOUR ATHLETICS CARDS by doing AT LEAST FIVE EVENTS.



Refreshments for Athletics Day will be provided by the Trident Boys Football UK Tour 2021 Squad. There will be a sausage sizzle, snacks, ice cold drinks as well as ice lollies for sale. These will keep you refreshed and energized during the day and will all be very reasonably priced.

This will be a CASH ONLY stall so make sure you bring some money on the day. All money raised will support our fundraising drive to take the boys to the UK in April 2021.

Thank you for all your support! **Mr Stanhope, HOD PE**

CAREERS CORNER

Year 13 Students – Going to University?

This week, all Year 13 students have been offered a booklet "Preparation for students going to University". This contains the basic information around entry criteria, scholarships, planning and accommodation. Here is something you need to be planning for now:

Open Days are a great way to get an understanding of what it would be like to be part of a particular university. Most universities have set their dates now – here are a few of the open day dates for the universities most used by Trident students. If the university you are thinking of is not listed here – check their website for the date or see me.

School trips have been provided in previous years to Waikato University Hamilton, Waikato University Tauranga and Victoria University of Wellington. We are checking at the moment whether this is still possible with the new funding to schools.

For other cities – it is best for you to travel with your family to these days. Particularly the University of Auckland Courses and Careers Day – it is best to stay in Auckland the night before and to do that you need to book the accommodation now as it gets booked out. It is an early start on the Saturday morning so you need to be there. The day goes very quickly.

Dunedin Tertiary Open Day is actually over two days and again is well worth the time and cost to attend. Again you will need to book flights and accommodation asap.

Dunedin Tertiary Open Day

Tertiary Open Day 2019 will take place over two days, Sunday 3 and Monday 4 May.

Waikato University

To be confirmed for Hamilton and Tauranga

Canterbury University

Date: Thursday 9 July 2019

Register on line now

Victoria University

Friday 21 August 2019

University of Auckland

Saturday 29 August

Massey University

Manawatu Campus

Wellington Campus

Auckland Campus

Wednesday 5 August

Friday 21 August

Saturday 22 August

Robyn Cannell, Careers Specialist

cannellr@trident.school.nz



Newsletter by email? If you would like to receive this newsletter by email please email newsletter@trident.school.nz

KAYAKING NATIONALS

We had 6 Trident students attend the Kayak Nationals at Lake Karapiro over the weekend and they came back with 20 medals between them!

Our U14 paddlers Hannah Baxter got a silver and two bronzes in the K4 and both K2 team boats. Her K2 team boat partner Eva Fuller added one gold and two bronze medals to this in the individual events. Matthew Reihana-Asquith competed in the U16 category and got six bronze medals in various K2 and K4 team boats and a bronze medal in the U16 5km event.

Our U16 girls have just moved up to this age group and did extremely well qualifying for finals in their individual and K2 team events. Caitlyn Esterhuizen got a silver medal in the U16 5km and Jess Cleghorn a bronze. Jess also got a bronze medal in a K2 team boat with Matthew.

Michael Esterhuizen moved up to the U18 category this year and performed well qualifying for A finals in Individual and K2 team boat events. Michael got two bronze medals in the K4 team boats and narrowly missed out on a bronze medal in the U18 5km event.

Michael, Matthew, Caitlyn, Hannah and Eva also won the club relay event and came home with a trophy!

Congratulations to all our paddlers!



JUNIOR TOUCH NATIONALS

Trident was well represented in the BOP teams that played in the Junior Touch Nationals in the weekend. Kepariki Bryce played for the U16 boys team while Dahrius Tahu was in the U16 mixed team that were unlucky not to make the top 4. They ended their tournament in 6th place out of 14.

Brett Wharewera coached the U18 boys' team with his wife Sylvia Managing. Ethan and Maxwell Wharewera along with Creed Edwards were in the team and did well to come away with a bronze medal out of the 9 boys teams in the grade.

The U16 girls' team featured Charlice Bryce, Paris Karaka, Tawharaudia McGarvey and Kyra Maui-Black. The girls' team was another team that did well by improving their 15th place last year to end up 6th out of 14 this year. BOP Touch President Matua Mike Te Kurapa was happy with the teams performances and results. Congratulations to all members on a great tournament!



OHOPE SPRINT TRIATHLON

Congratulations to Bailey Fredericksen who placed 3rd in the Male U19 category in the Ohope Sprint Triathlon at the weekend. A great result and demonstration of training paying off. Well done Bailey!



SURF LIFE SAVING

Congratulations to Rikki Fitzgerald (*second from left*) who is now a qualified lifeguard, Rikki will be patrolling the beach with Opotiki Surf Life Saving Club. A great achievement, thank you Rikki for helping to keep our beaches a safe place to enjoy the water!

