



TRIDENT LEADS

Newsletter 8
22nd March 2019
Term 1, Week 8

Kia ora whanau

A time to reflect on things that happen that shock and unsettle our world.

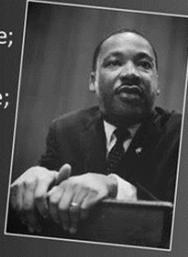
Tolerance means that although we can be different in ways, lifestyle and opinions we care enough about each other that we can respect each other and love one another despite our differences. The most important thing is to be a good person, a good soul, regardless of colour, sex, religious beliefs, and political views.

It is crucial that people unite for good causes and to find common ground upon where we can work and bring people together to be the best that they can hope to be. It is more important than anything else. When I see people fighting over race, beliefs and colour it is hard to believe that people have not evolved to a level of understanding that exceeds and goes far beyond these differences.

I firmly believe in a society that can somehow overcome their differences by reaching out to people who are in need and by need I mean in need of acceptance as well as inclusion and inclusion can only be achieved by ridding ourselves of conditioning and focusing on giving rather than taking. We would live so much more fulfilling lives if we cared more, loved more, listened more and by being more understanding with one another, be less judgemental and more compassionate.

Hatred paralyzes life;
love releases it.
Hatred confuses life;
love harmonizes it.
Hatred darkens life;
love illuminates it.

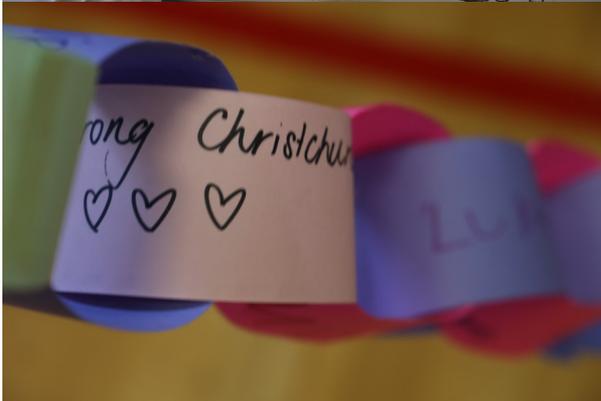
Martin Luther King Jr.



I am keenly aware of the mosaic of hierarchal structures we live in. As parents and teachers we should pride ourselves on going out of our way to make sure ALL our students and our families feel welcome and included in our school, our community and our classrooms. We should go out of our way to show the world as a place of opportunity for all and share with our students' histories and cultures which are underrepresented. We must not allow our young people to be enveloped by

racial, religious, gender and sexual orientation slurs and actions. We should want our young people to know that while education may open up the world's doors for them, things still are not fair and that they are still more fair for some than for others in many countries. I believe that it is our responsibility to pay attention to the world and what is happening in New Zealand and the wider world community. While we must also care for our own well-being, we should be keenly aware that those who deliver the horrors and the injustices do not get to take a break for "self-care".

So we must listen. And we must reach out to each other and the wider community in dialogue, respect, tolerance to challenge the bigotry and related horrors that exist in the world that we live in so that we can model these actions of good for our youth.



Kia Manawa Nui

Philip Gurney
M.Teaching
(Distinction),
M.Ed (Distinction),
B.A Hons
Principal

**STUDENT
MESSAGES OF
AROHA AND
SUPPORT FOR
CHRISTCHURCH**

QUALITY WORK – RESPECT FOR OTHERS

Trident High School | Arawa Rd, Whakatane | Phone: 64 7 308 8159 | Fax: 64 7 308 0184
Website: www.trident.school.nz | Email: principal@trident.school.nz

Mon 25th—Fri 29th March	Summer Tournament Week
Thursday 4th April	Cross Country
Friday 5th April	Y9-13 Form Teacher Goal setting Parent/Whanau Interviews—no classes
Friday 12th April	Term 1 finishes
Monday 29th April	Term 2 starts

YEAR 9—13 FORM TEACHER GOAL SETTING PARENT/WHANAU INTERVIEWS

Friday 5th April 2019 10am—6pm in A, L or M block.

Parents and whanau are invited to Form Teacher Goal setting interviews.

Please bring your son or daughter to discuss goal setting with their Form Teacher.

Booking appointments online using the information below: The portal will be open on **Friday 22nd March**.

<https://www.schoolinterviews.co.nz/code?code=8hxe5>

If you are unable to make it to an interview on this day, please contact the Form Teacher to arrange another time.

NO CLASSES FOR STUDENTS ON THIS DAY

GOAT ISLAND YEAR 12 BIOLOGY TRIP

On Thursday, the 21st February, a group of 30 year 12 students and teachers embarked on the Goat Island Biology trip. We began the trip by stopping at the Pukorokoro Miranda Bird Centre, just outside Ngatea. There we received an engaging lecture about estuary shorebirds found here in New Zealand, and all over the world. We were taught about how the different birds have adapted to living in these conditions, and the amazing migration patterns these birds take every year between New Zealand, China, and Alaska. We travelled the rest of the way to Auckland, where we stopped at the Zoo and learned about the biological adaptations and niches of New Zealand birds and wildlife. We were also taught about the consequences that followed after predators and farming were introduced to New Zealand, during the colonial era. We were able to look around and explore the zoo for ourselves, before moving onto the Orewa Top 10 Holiday Park, which was our accommodation for the next



two nights. On Friday we travelled out to the Goat Island Marine reserve. Unfortunately, because the weather wasn't great we weren't able to take the glass bottom boat out to the island and go snorkelling. However, we made the most of the day with a visit to the Goat Island Marine Discovery Centre. Here we learned about the past history of the island, how Auckland uses it for research, and the future plans of expanding the reserve, for the sake of conservation. We were given the opportunity to interact with live marine life in a saltwater tank such as Sea Slugs, Crabs, Sea Sponges and other interesting animals. We also witnessed the movements of Kina and Starfish under a microscope. On Saturday we travelled by ferry out to Tiritiri Matangi island which is a pest free, bird and plant sanctuary for some of New Zealand's most endangered species. We spent the day walking and stopping to witness some of the wildlife on the island. We also looked around the oldest operating lighthouse in New Zealand and saw many endangered species such as Takahe, Fantails, and Kokako that aren't commonly seen on the mainland. After arriving on the mainland from the ferry, we travelled back to Whakatane.

By Rosie Perfect.



ROAD SAFETY EXPO FROM A STUDENT'S PERSPECTIVE

Last Thursday, a number of Year 11 student travelled to Rotorua to take part in a Road Safety Expo. We were welcomed by Police Officers, St John Medics, Firefighters and others who talked about staying safe on the road. We took part in some hands on activities such as trying to text while playing basketball, which was extremely difficult because if we stopped playing or texting we 'died'. This was a real eye opener making us realise the dangers and consequences of texting while driving. In another activity we were given a pair of goggles which made everything look curvy. We were then instructed to walk down a straight line then turn around and come back. These goggles showed us how our senses are affected from drinking and why we shouldn't drive while under the influence of alcohol and not to get in a car with someone who has been drinking. We were also shown a video titled 'Just Another Saturday Night'. This video is the story of 4 men who got into the car while under the influence, accelerated his car to 180 kilometre per hour and then took on a sharp bend in the road. This resulted in the car wrapping around a tree. Two men lost their lives, one man is paralyzed from the chest down and one man is severely brain damaged spending years recovering. The video shows us how many people were affected. From the 4 people who were in the car to their families to first responders, undertakers, nurses and doctors. We were also told that there was another male who entered the car that night but his elder brother pulled him out and said "You're not going. He's drunk." The Road Safety Expo was a real eye opener towards dangerous driving and we learned so much. I would highly recommend to attend if you get the opportunity.

By Cayla Jeffray



CAREERS CORNER

Careers Information on the Internet

Here are some websites for you to research on:

Website	Content Description
www.careers.govt.nz	Jobs Database, Career ideas, interactive quizzes, CV preparation.
http://www.schoolconnect.co.nz	Ideas, links between job profiles and employers, job profiles
www.defencecareers.mil.nz	Information on all forces, fitness requirements and application processes
www.healthcareers.org.nz	Careers I health, training, scholarships, advice
www.skills.org.nz	Electro technology, ambulance, financial services, real estate etc.

And a schedule of events through to the end of Term 1

Date	Event
Friday 29th March 9am	Whakapiki Ake
Monday 8th April 11.30am	FRV Victoria University of Wellington
Wednesday 10th April 9am	FRV Canterbury University
Wednesday 10th April 12pm	FRV Otago University
Thursday 11th April 9.50am	FRV Auckland University

Career Appointments—Robyn Cannell, phone 3088159 or email cannellr@trident.school.nz. Please remember that your parents/caregivers are welcome to attend.

MESSAGE VIA MINISTRY OF EDUCATION:

Netsafe has received a number of reports of online content relating to the attacks in Christchurch. Footage of the attacks has been deemed objectionable under New Zealand law which means that possessing or distributing the footage is an offence. Anyone who finds footage of the attacks online should report it to Netsafe at netsafe.org.nz/report but they should not keep copies or share it. Netsafe points out that the fact that sharing the footage with this classification is against the law.

The footage of the Christchurch attacks is disturbing and will be harmful for people to see. If students have viewed the video and are struggling with what they have seen it's likely they will require additional support. Agencies which can provide free support include [Youthline](http://youthline.org.nz), [Need to Talk](http://needtotalk.org.nz) and [Kidsline](http://kidsline.org.nz).

While the content is online there is some risk that children or young people may come across it. Netsafe encourages schools and parents to proactively discuss with young people what they should do if they come across distressing content online. Further information is available at netsafe.org.nz/upsetting-content

If parents or schools have questions relating to this incident or other distressing online content they can contact Netsafe for free and confidential advice at netsafe.org.nz or call 0508 NETSAFE.



Newsletter by email? If you would like to receive this newsletter by email please email newsletter@trident.school.nz

VOLLEYBALL BOP CHAMPIONSHIP

After 6 days of BOP Volleyball Championship rounds the Trident A girls' came first playing a five setter against Whakatane A. It was an extremely hard fought battle and the girls played to their strengths and came away with a gold medal and the trophy. The B girls' played some wonderful Volleyball and serving was one of their strengths, they came 8th overall which is still a wonderful achievement for such a young team. The girls' C team came 3rd in their pool.

The Trident A boys' came second in a five setter against Western Heights High school and it was a real nail biter. The Trident B boys' have placed 7th winning their last game against Whakatane, putting them in the top division to start for Nationals. It was wonderful how the teams supported each other when they got the opportunity and a huge thank you to all the, parents, and whanau that came along to cheer the teams on, all the teams really appreciate the support. All in all a great result for Trident Volleyball.



Girls' A Team—Won Gold!



Girls' B Team



Girls' C Team



Boys' A Team



Boys' B Team

TRIDENT HOCKEY BOYS' FUNDRAISER

Saturday 23rd March—from 9.30am
Nicholson's Autos, 152 Commerce Street

Car wash, barbeque and cake stall
come down have your car washed and enjoy a
yummy sausage or cake!

LEVEL 3 PE PADI OPEN WATER DIVE CERTIFICATE

Level 3 PE PADI Open Water Dive Certificate - Pool Day - Group 1.

Mr Camburn and Mrs Emery had the privilege of taking 12 students to Tauranga Dive Zone on Thursday. Students had their first day of pool training after completing 15 hours of theory work over the previous few weeks. It was a long day but a very cool experience learning all sorts of skills such as swimming at depth without a mask, sharing a breathing source with their buddy when out of air, clearing a flooded mask plus plenty of other skills. Group 2 is on their Pool day today (Friday).

Students will complete their practical skills training in Week 11 at Lake Rotoma for a day followed by two Ocean Dives at either Motiti or Rabbit Island. Once completed they will have an internationally recognised qualification.



SUMMER TOURNAMENT WEEK

Good luck to all our teams completing in the Summer Tournament Week 25th—29th March.

Volleyball Boys' and Girls, Waka Ama, Rugby 7's and Rowing.

Right is a photo of the Rowers heading off the Maadi National Champs.

