



TRIDENT LEADS

Newsletter 13
10th May 2019
Term 2, Week 2

Kia ora whanau

These two weeks our school assemblies will be focusing on confidence and courage. Our prefects have put together the assembly content, focusing on people and actions that require both confidence and courage. They are qualities that are essential in the modern world and we look to the examples of our own students who stand up and display these qualities – in the classroom, on the cultural stages and on the sports fields. They also demonstrate both qualities in their support of the community. We can be proud of our young men and women who show both of these strengths and we strive to support all of our students to gain both confidence and courage, in the face of adversity or in achieving success.

We often confuse confidence with courage. “I don’t have enough confidence” usually translates into “I’m not sure if I could follow through with it”.

For example, raising our hands when the speaker on stage ask for volunteers. The action itself (getting up to stand on the stage) is not scary, it is the thought of uncertainty of what would happen afterwards (will I be good enough to answer or do what the speaker asks me to do?), that keeps us frozen in our tracks.

def. Confidence: belief in oneself and one’s powers or abilities; assurance.

It is difficult to get assurance. Assurance means that you almost know the outcome that it will be all right. That you could definitely get through it. But how would you know your boundaries if you haven’t tried to push it?

Enter courage.

def. Courage: the quality of mind or spirit that enables a person to face difficulty, danger, pain, etc., without fear.

The first step is always the hardest. Courage allows you to take that step.

If you were someone who has never skied before, courage is what allows you to skim down the slopes. When you still are not sure what your abilities are, courage gives you that taste test, that recalibration. And so, maybe you’ll try the next level up next time, or maybe you’ll practice on the nursery slope a bit more until you feel comfortable.

Courage is what allows you to act not because you are not fearful, but rather act despite your fears.

“When you’re operating out of courage, you are saying that no matter how you feel about yourself or your opportunities or the outcome, you are going to take a risk and take a step towards what you want. You are not waiting for the confidence to mysteriously arrive.”

— Tribe of Mentors.

In many ways, courage is a prerequisite before confidence.

If confidence needs something to judge one’s abilities, then courage is what is needed first to get that initial experience.

Courage is thriving under uncertainty while confidence is the assessment afterwards.

In other words, you cannot get to confidence, without the courage to try something for the first time.

YEAR 10 APEX WHITE ISLAND / WHAKAARI TRIP—SEE INSIDE FOR ARTICLE

Kia Manawa Nui

Philip Gurney
Philip Gurney

M.Teaching (Dist), M.Ed (Dist). B.A Hons
Principal



QUALITY WORK – RESPECT FOR OTHERS

Trident High School | Arawa Rd, Whakatane | Phone: 64 7 308 8159 | Fax: 64 7 308 0184
Website: www.trident.school.nz | Email: principal@trident.school.nz

IMPORTANT DATES

13th—17th May	Senior Academic Interviews
13th—17th May	SPCA Appeal Week
14th May	'Dress Like an Animal' Mufti Day
21st May	Pink Shirt Day
31st May	Teacher Only Day
3rd June	Queen's Birthday
5th July	End of Term 2

14TH ANNUAL TRIDENT SPCA APPEAL

Week 3 of this term (13th – 17th of May) is the 14th Annual Trident SPCA FOOD Appeal.



This year we have an INTERHOUSE competition to see who donates the most food (in kilograms) Buck, Kara, Ngata or Pomare. Students are encouraged to bring non-perishable PUPPY and KITTEN food to school and label the food with their house (eg. B, K, P, N). Students can bring the food to room A16 (Miss Botha's room) during form time or any other time during the week. Every kilogram of food donated will earn 40 house points.

On Tuesday (14th of May) we have a 'Dress like an animal' mufti day and the money will be donated to the local SPCA's. Students are encouraged to dress like animals (ears, horns, tails, masks, animal suits, etc.) for the day. During lunchtime on the Mufti day we will sell donuts, fried bread and have a sausage sizzle opposite the Wharenuui.

This year the house with the most number of students dressed as animals, will receive an extra 400 house points. To enter this competition, the house leaders will take a group photo of all the students in a specific house who dressed as animals.

For the past 13 years the annual SPCA Appeal week has been a huge success at Trident. We trust that the students will enjoy this week and that Trident will once again donate much needed food and money to our three local SPCA's.



PINK SHIRT DAY TUESDAY 21ST MAY

Pink Shirt Day is an internationally and nationally recognised event which was started to take social action and stand up for the victims of bullying.

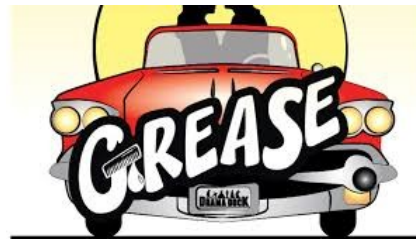
On Tuesday 21st of May students are allowed to come to school in a pink t-shirt or shirt but must wear the rest of their uniform as it is not a mufti day. It is a student organised day to raise awareness and promote anti bullying.

YEAR 10 APEX WHITE ISLAND / WHAKAARI TRIP

On Wednesday, 27 Year 10 APEX students went on a trip to Whakaari. On the way to Whakaari we saw dolphins, gannets, sooty shearwaters and an albatross. As we got closer to Whakaari, we saw a thick plume rising from the volcano and all of us were very excited to visit one of New Zealand's most fascinating natural attractions. Once we arrived at the island each of us were issued with a hard hat, gas mask and a life jacket. We were transferred to the island by an inflatable boat. Once on the Island we were briefed on the safety rules and then we spent about 70 minutes walking around the eerie lunar landscape. We had a chance to taste the water from different streams on the island – some tasted like blood and some like lemon juice. The highlight of the tour was standing on the Crater Lake, listening to the hissing and roaring that came from far below us. We had several photo stops and each time our guides shared interesting scientific information and stories with us. One of our tour guides was an ex-student. It was great to meet up with Jake Millbank, who was one of our peer support leaders when the students were in Year 9. Visiting Whakaari was a wonderful opportunity for us to have fun on the boat ride and bond as a class.

Annetjie Botha (Teacher)

It is with excitement that we can announce that the Trident High School production for 2020 is



2019 TRIENNIAL BOT ELECTION

Nominations are invited for the election of 5 parent representatives to the Trident High School Board of Trustees. You are encouraged to seek information from current Board members or Philip Gurney, the Principal, about the role of a trustee. The Board of Trustees' key areas of contribution are: Representation, Leadership and Accountability and as an Employer.

The timeline for the election is:

- Nominations will be posted by 10th May 2019
- Nominations close at noon on 24th May 2019
- A voting paper will be posted to you by 29th May
- Voting closes at noon on 7th June 2019
- Votes are counted on 13th June 2019

**SCHOOL
TRUSTEE
ELECTIONS**
Make a difference
Ki te whakapiki

TRIDENT BOYS FOOTBALL UK TOUR 2019

The Trident Boys Football UK Tour 2019 Squad arrived back in Whakatane safe and sound last week after an amazing trip which saw them take in the sights and sounds of the British Isles over 19 days.

The tour departed Whakatane on 6th April after two years of fundraising and planning and finally landed in the UK at 1pm local time on Sunday 7th April.

The next two and a half weeks saw the boys visit Edinburgh, Liverpool, Manchester, Yorkshire and London as well as watch Premier League, Championship and League games. They even got a chance to have a meet and greet with All Whites Captain and Premier League Star Chris Wood who plays for Premier League team Burnley FC.

The boys had stadium tours of Liverpool, Manchester City, Manchester United and Arsenal as well as visiting many historical and cultural sites such as the Angel of the North, The Falkirk Wheel, Buckingham Palace, Westminster Abbey, Big Ben, St Pauls Cathedral, Liverpool Cathedral and even went down a Coal Mine in Yorkshire!

The boys played 3 games on tour drawing one and losing two against strong opposition. The boys excelled in all games putting in magnificent performances.

The tour was a huge success and it was heart-warming to see how many times we were acknowledged for our behaviour, appearance and manners whilst away.

I challenged the boys to do themselves, their families, their school, their town and their country proud and they did this with a cherry on top! They were magnificent international ambassadors for all of us.

It was a pleasure for Glenn Barr, Michael Bell and myself to take them away and I am confident they will all have memories that will last a lifetime. Onwards to 2021 !!!

Kia Manawa Nui, Mr Stanhope



Check out our facebook page—Trident High School News, for all the amazing photos and day to day commentaries.

NZQA FEES

NZQA fees \$76.70 are now due. Please pay this fee at the office or online via internet banking to our account number: **12 3253 0004257 00** - please use student name and NZQA as reference thank you.

If you receive a benefit or have a community services card, or meet the low income threshold you can complete an application form for financial assistance form to reduce NZQA fees to \$20.00.

CAREERS CORNER

Eastern Bay of Plenty Careers Expo Wednesday 8 May 2019

Senior secondary school students from around the Eastern Bay had a chance to explore study and career options at the Expo on Wednesday. Forty-seven senior students from Trident attended this event, hosted by Edgumbe College. The aim of the Expo is to present students with a wide range of possible pathways.

Exhibitors at the annual expo included the NZ Police, Universities, Institutes of Technology, Private Training Establishments, Industry Training Organisations, and Government agencies.

Here are some ways to progress the career ideas explored by your student at the Expo on Wednesday:

- ⇒ Read through brochures collected
- ⇒ Think about the subjects to choose for next year
- ⇒ Talk to people you know about your ideas – they may have some good contacts or information
- ⇒ Attend Open Days at places that have courses your student is interested in
- ⇒ Check out course or training application processes and dates
- ⇒ Find out about student allowances and loans, scholarships and awards
- ⇒ Collect samples of your work to put with applications
- ⇒ Create or update your CV and practice interview techniques
- ⇒ Talk to your careers adviser

Robyn Cannell—Careers Specialist

Cannellr@trident.school.nz



HORIZON ENERGY GROUP - BOYS HOCKEY

The boys' started off the season well with a win over Tauhara College 5/1. They started off strong with a penalty corner goal to Dan Ford, closely followed by field goals from Liam Marshall and Te Maunutai Moses-Mc Roberts. The second half saw two quick goals from Bradley Rothwell before Tauhara fought back to score one against us.

All in all a good first game with excellent play from our year nines. Next week's game we play Tuesday night here in Whakatane 7pm against Ruamata which is going to a tough physical battle so come on down and support the boys.



Newsletter by email? If you would like to receive this newsletter by email please email newsletter@trident.school.nz

GIRLS' FOOTBALL ROUND UP

The first games of the season for Girls football saw the 1st XI Girls' travelling to Mount Maunganui for their first grading game. It was a typical first game of the season jitters which saw the girls' miss a couple of scoring opportunities early in the first half but they eventually found the back of the net in the second half. Goal scorers were Brianna Collier-Wilson, Kyra Maui and Teagan Andrews-Paul. Teagan was also awarded Player of the Day for her across the field work in support of her team with allowed her to get a goal as a defender. Honourable mentions were Taryn Forbes (Captain) for her leadership and to Alexaan-Kelly Puutu Dredge for her debut in goal, she did a great job.

Our 2nd XI Girls' played Whakatane High School 1st XI in a grading game and had a great first half keeping the Whakatane team to just 3 goals. The second half got away on them a bit with injuries to the Goalie which meant some re shuffling of players. Rylee Looney scored a penalty and the girls can be very proud of the way they played.

The 3rd XI Girls' were at Bay Day on Saturday and are playing in an U13 Boys' Grade this season to allow them to have regular games due to there being no other Senior Girls competition in the Eastern Bay. They played 3 very close games on Saturday and start their season this weekend away to Awakeri.

BOYS' RUGBY NEWS

The 1st XV travelled to Taupo to take on Tauhara College on Saturday in their first game of the season. Conditions were amazing and the team played an awesome game, proving that the early morning training and fitness sessions were definitely worth the effort. Half time score saw THS take the lead 15:5. After the half time whistle blew THS could do no wrong and the tries kept on coming. In total there were 9 tries and 6 conversions from Trident. The final score was THS 57:10 Tauhara. The game was played in good spirits with no penalties or cards awarded. Nephi Sanireve was awarded the visiting team man of the match.

The Trident 2nd XV Rugby team are competing in the BOPSS 3rd Division and hosted Mt Maunganui 1st XV on Saturday. In what was a very exciting game the large squad of boys competed extremely well. Tries to Simon Prout, Te IwiKino Kepa (2) and Otaki Karikari with 2 conversion to Te Huaki Kurei saw the final result 24 to 40 to the Mount. For a first game after two training, things are looking good for the season.

U15 boys had a good hard fought away win to start the season. Trident looked dangerous with ball in hand but it was the solid defensive effort that got the boys home. The boys defended phase after phase from the strong Western Heights forward pack and kept the home team from scoring in the last 20 mins when WHHS had the bulk of the possession. Some things to work on in the coming weeks but the defensive effort from all of the team was very encouraging. Well done boys. Final score 14-12, tries scored by Xavier De Vries and Ethan Forbes, both conversions landed by Ethan.

1ST XI GIRLS' HOCKEY

On Sunday, the girls' played their first game in the Whakatane Women's League. The game was against Waiahou, it was a closely fought game with Waiahou coming out on top 1-0. "The girls performance early in the season was outstanding, with Jade Dalton having a blinder in goal keep. Tuesday's game against Whakatane High was a little different, going down 6-0. It was a hard game with having three girls out with injuries from Sundays game and having to place girls in positions they were not used to. Despite this, they did this well and it was a learning curve for us all, management included.

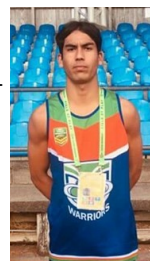
It was great to see the girls playing hard till the final whistle and not giving in, great resilience! Thanks to all the families and supporters that came and cheered us on it was appreciated.

Our electives on Thursday training session will give time to regroup and prepare for next weeks game in Rotorua."

Coach Bill Teddy

DALLAS TEEPA NRL WARRIORS TOUCH TEAM!

Over the past month and during the holidays Dallas Teepa has been training hard for the NRL Warriors Touch Team which he played last Sunday May 5th at Mt Smart Stadium Auckland beating the Roosters 8-7. We hope you were able to watch the game on Sky Sport!



WEEKEND GAMES

Football

2 nd XI Girls	Away	V Bethlehem	11.00am
3 rd XI Girls	Away	V Awakeri	0900.am
Senior A Boys	Away	V Otumoetai White	11.45am
Senior B Boys	Home	V Otumoetai Green	10.30am
Junior Boys	Away	V Taupo	12.00pm

Rugby

1 st XV	Home	V Aquinas	10.30am
2 nd XV	Away	V TGA Blue	12.00pm
U15	Home	V TGA Black	12.00pm
U14	Away	V TGA Blue	10.30am

Netball

Prem 1			
Prem 2	V #ASH		11.30 am
Prem 3	V Edgumbe		1.00pm
Junior Blue	V Team Academy		11.30am
Junior White	V WHS Juniors		11.30am